



What: 5th Annual Shady Grove “Race of Faith”
5K run and 1 mile fun run/walk

When: September 7, 2019

Time: 8:00 – 8:30 am runner check-in, 9:00 am race starts

Where: Shady Grove United Methodist Church
4359 Middle Road, Trenton, NC

Why: To raise awareness of Cystic Fibrosis and to
support the Cystic Fibrosis Foundation



5K Pre-registration is \$25 or \$30 day of the race.
1 Mile Fun Run Pre-registration is \$20 or \$25 day of the race.
For more information go to www.shadygroveumchurch.com or
<http://www.wilontiming.com/RaceofFaith>
or email raceoffaith@yahoo.com